



# YOU DESERVE A RAISE!



## This Is How You Get One!

Join your union family in **demanding a long overdue COLA** (*Cost-of-living Adjustment*) to your **PSERS** retirement check. **HOW?**

- **CALL/WRITE** your PA State Representative and/or Senator. Ask if they will pledge to support COLA legislation. *Not sure of how to reach your rep?*

Go to [bit.ly/FindMy-PArep](https://bit.ly/FindMy-PArep) to search.

- **VISIT** your representatives, found above, *in person* at their local and/or state offices.
- **ATTEND the COLA ACTIVIST Information Session**  
**2:00 PM on Wednesday, March 6, 2024** at the Pittsburgh Federation of Teachers  
[10 S. 19th Street at the River](#)  
Pittsburgh, PA 15203. (*Doors open at 1:30 PM*)

You, along with other AFT/PA retirees, will be given **scripts, materials & training** to help us reach our goal. The PFT has free parking and is fully accessible.

**RSVP by 2/29/24—go to [bit.ly/AFT-COLA](https://bit.ly/AFT-COLA)**  
**Or call PFT-Retiree President**  
**Joyce Reinoso at 412.431.5900**

**This event is open to all AFT/PA retirees who are PSERS annuitants. YOU DESERVE A RAISE!**  
Bring your retired friends! We are the most reliable & powerful voting block in America!